Product specification

Creatine (3g) with white peach flavour (FIP PL)

Product characteristics

Commercial name	Creatine (3g) with white peach flavour (FIP PL)
Legal name	Food supplement powder with creatine monohydrate. With sweetener. White peach flavour.
Version	1

Product description

Creatine powder with white peach flavour, containing 3g creatine monohydrate.
Other flavour variants are available upon request. The active component level remains unchanged across flavour variants, while the recommended serving dose may vary depending on the selected flavour.

Food supplement.
Recommended daily dose: 1 stick per day.
Do not exceed the recommended daily dose.
Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.
Keep out of reach of young children.

Ingredient declaration

creatine monohydrate, maltodextrin, acidity regulator: malic acid (E296), natural flavouring, sweetener: steviol glycosides from stevia (E960a), colour: beta-carotene (E160a)

Nutrition

	per 100 g	RI*	per serving (5 g)	RI*
Energy	227 kJ	3%	11 kJ	0%
Energy	53 kcal	3%	3 kcal	0%
Fat	< 0,5 g	0%	< 0,5 g	0%
- of which saturated	< 0,1 g	0%	< 0,1 g	0%
Carbohydrates	13 g	5%	0.6 g	0%
- of which sugars	0.7 g	1%	< 0,5 g	0%
Fibre	1.1 g	∅	< 0,5 g	∅
Protein	< 0,5 g	0%	< 0,5 g	0%
Salt	< 0,01 g	0%	< 0,01 g	0%

* RI = Reference intake of an average adult (8400 kJ/2000 kcal)
∅ = No RI or NRV determined

Additional

Creatine monohydrate	3g per serving

Product specification

Creatine (3g) with white peach flavour (FIP PL)

Allergens

1.1	Wheat	-
1.2	Rye	-
1.3	Barley	-
1.4	Oats	-
1.5	Spelt	-
1.6	Khorasan wheat	-
1.0	Gluten	-
2.0	Crustaceans	-
3.0	Egg	-
4.0	Fish	-
5.0	Peanuts	-
6.0	Soy	-
7.0	Milk	-
8.1	Almonds	-
8.2	Hazelnuts	-
8.3	Walnuts	-
8.4	Cashews	-
8.5	Pecan nuts	-
8.6	Brazil nuts	-
8.7	Pistachio nuts	-
8.8	Macadamia / Queensland nuts	-
8.0	Nuts	-
9.0	Celery	-
10.0	Mustard	-
11.0	Sesame	-
12.0	Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO2	-
13.0	Lupin	-
14.0	Molluscs	-
20.0	Lactose	-

Statements

Free of GMO	Yes

GMO information

This product does not contain genetically modified ingredients and is not produced using genetically modified organisms.

Product specification

Creatine (3g) with white peach flavour (FIP PL)

Microbiology

	Value	Method
Aerobic microbial count	< 10000 cfu/g	NMKL 86:2013 / E-Cultural technique (non-chromogenic media)
Enterobacteriaceae	< 10 cfu/g	NMKL 144:2005 / E-Cultural technique (non-chromogenic media)
Moulds	< 100 cfu/g	NMKL 98:2005 / E-Cultural technique (non-chromogenic media)
Salmonella	not detected in 25 gram	NMKL 71:1999 / D-Cultural technique (non-chromogenic media)
Yeasts	< 100 cfu/g	NMKL 98:2005 / E-Cultural technique (non-chromogenic media)

Organoleptic properties

Odor	Characteristic, on white peach
Color	Light yellow
Taste	Characteristic, on white peach
Consistency	powder

Shelf life and storage conditions

Operating and storage conditions	Store in a dry place at room temperature. Protect from direct sunlight and moisture.
Minimum lifespan from production	24 months

Preparation method

Mix the content of the stick with 200 ml cold water, stir and drink.

Packaging

Consumer Unit (CU)

Name	Sticks
Description	Available in individual sticks or sachets of 5.0 g powder per unit, packed in a display box. Larger packaging formats, including plastic jars with measuring spoon, are available upon request.
Net Content (per item)	5 g

Product specification

Creatine (3g) with white peach flavour (FIP PL)

Contact Information

Company name	Fipros A/S
Address	Rybergsvej 1
Postal code	5631
City	Ebberup
Website	www.fipros.dk

Product specification

Creatine (4g) with white peach flavour (FIP PL)

Product characteristics

Commercial name	Creatine (4g) with white peach flavour (FIP PL)
Legal name	Food supplement powder with creatine monohydrate. With sweetener. White peach flavour.
Version	1

Product description

Creatine powder with white peach flavour, containing 4g creatine monohydrate.
Other flavour variants are available upon request. The active component level remains unchanged across flavour variants, while the recommended serving dose may vary depending on the selected flavour.

Food supplement.
Recommended daily dose: 1 stick per day.
Do not exceed the recommended daily dose.
Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.
Keep out of reach of young children.

Ingredient declaration

creatine monohydrate, maltodextrin, acidity regulator: malic acid (E296), natural flavouring, sweetener: steviol glycosides from stevia (E960a), colour: beta-carotene (E160a)

Nutrition

	per 100 g	RI*	per serving (5.5 g)	RI*
Energy	347 kJ	4%	19 kJ	0%
Energy	82 kcal	4%	4 kcal	0%
Fat	< 0,5 g	0%	< 0,5 g	0%
- of which saturated	< 0,1 g	0%	< 0,1 g	0%
Carbohydrates	20 g	8%	1.1 g	0%
- of which sugars	1.2 g	1%	< 0,5 g	0%
Fibre	1.1 g	∅	< 0,5 g	∅
Protein	< 0,5 g	0%	< 0,5 g	0%
Salt	< 0,01 g	0%	< 0,01 g	0%
Moisture	0.7 g	∅	0.0 g	∅

* RI = Reference intake of an average adult (8400 kJ/2000 kcal)
∅ = No RI or NRV determined

Additional

Creatine monohydrate	4g per serving

Product specification

Creatine (4g) with white peach flavour (FIP PL)

Allergens

1.1	Wheat	-
1.2	Rye	-
1.3	Barley	-
1.4	Oats	-
1.5	Spelt	-
1.6	Khorasan wheat	-
1.0	Gluten	-
2.0	Crustaceans	-
3.0	Egg	-
4.0	Fish	-
5.0	Peanuts	-
6.0	Soy	-
7.0	Milk	-
8.1	Almonds	-
8.2	Hazelnuts	-
8.3	Walnuts	-
8.4	Cashews	-
8.5	Pecan nuts	-
8.6	Brazil nuts	-
8.7	Pistachio nuts	-
8.8	Macadamia / Queensland nuts	-
8.0	Nuts	-
9.0	Celery	-
10.0	Mustard	-
11.0	Sesame	-
12.0	Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO2	-
13.0	Lupin	-
14.0	Molluscs	-
20.0	Lactose	-

Statements

Free of GMO	Yes

GMO information

This product does not contain genetically modified ingredients and is not produced using genetically modified organisms.

Product specification

Creatine (4g) with white peach flavour (FIP PL)

Microbiology

	Value	Method
Aerobic microbial count	< 10000 cfu/g	NMKL 86:2013 / E-Cultural technique (non-chromogenic media)
Enterobacteriaceae	< 10 cfu/g	NMKL 144:2005 / E-Cultural technique (non-chromogenic media)
Moulds	< 100 cfu/g	NMKL 98:2005 / E-Cultural technique (non-chromogenic media)
Salmonella	not detected in 25 gram	NMKL 71:1999 / D-Cultural technique (non-chromogenic media)
Yeasts	< 100 cfu/g	NMKL 98:2005 / E-Cultural technique (non-chromogenic media)

Organoleptic properties

Odor	Characteristic, on white peach
Color	Light yellow
Taste	Characteristic, on white peach
Consistency	powder

Shelf life and storage conditions

Operating and storage conditions	Store in a dry place at room temperature. Protect from direct sunlight and moisture.
Minimum lifespan from production	24 months

Preparation method

Mix the content of the stick with 200 ml cold water, stir and drink.

Packaging

Consumer Unit (CU)

Name	Sticks
Description	Available in individual sticks or sachets of 5.5 g powder per unit, packed in a display box. Larger packaging formats, including plastic jars with measuring spoon, are available upon request.
Net Content (per item)	5.5 g

Product specification

Creatine (4g) with white peach flavour (FIP PL)

Contact Information

Company name	Fipros A/S
Address	Rybergsvej 1
Postal code	5631
City	Ebberup
Website	www.fipros.dk

Product specification

Creatine (5g) with watermelon flavour (FIP PL)

Product characteristics

Commercial name	Creatine (5g) with watermelon flavour (FIP PL)
Legal name	Food supplement powder with creatine monohydrate. With sweetener. Watermelon flavour.
Version	1

Product description

Creatine powder with watermelon flavour, containing 5g creatine monohydrate.
Other flavour variants are available upon request. The active component level remains unchanged across flavour variants, while the recommended serving dose may vary depending on the selected flavour.

Food supplement.
Recommended daily dose: 1 stick per day.
Do not exceed the recommended daily dose.
Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.
Keep out of reach of young children.

Ingredient declaration

creatine monohydrate, maltodextrin, natural flavouring, acidity regulator: malic acid (E296), sweetener: steviol glycosides from stevia (E960a), color: beetroot red (E162)

Nutrition

	per 100 g	RI*	per serving (6.9 g)	RI*
Energy	333 kJ	4%	23 kJ	0%
Energy	79 kcal	4%	5 kcal	0%
Fat	< 0,5 g	0%	< 0,5 g	0%
- of which saturated	< 0,1 g	0%	< 0,1 g	0%
Carbohydrates	19 g	7%	1.3 g	0%
- of which sugars	2.0 g	2%	< 0,5 g	0%
Fibre	2.3 g	∅	< 0,5 g	∅
Protein	< 0,5 g	0%	< 0,5 g	0%
Salt	< 0,01 g	0%	< 0,01 g	0%

* RI = Reference intake of an average adult (8400 kJ/2000 kcal)
∅ = No RI or NRV determined

Additional

Creatine monohydrate	5g per serving

Product specification

Creatine (5g) with watermelon flavour (FIP PL)

Allergens

1.1	Wheat	-
1.2	Rye	-
1.3	Barley	-
1.4	Oats	-
1.5	Spelt	-
1.6	Khorasan wheat	-
1.0	Gluten	-
2.0	Crustaceans	-
3.0	Egg	-
4.0	Fish	-
5.0	Peanuts	-
6.0	Soy	-
7.0	Milk	-
8.1	Almonds	-
8.2	Hazelnuts	-
8.3	Walnuts	-
8.4	Cashews	-
8.5	Pecan nuts	-
8.6	Brazil nuts	-
8.7	Pistachio nuts	-
8.8	Macadamia / Queensland nuts	-
8.0	Nuts	-
9.0	Celery	-
10.0	Mustard	-
11.0	Sesame	-
12.0	Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO2	-
13.0	Lupin	-
14.0	Molluscs	-
20.0	Lactose	-

Statements

Free of GMO	Yes

GMO information

This product does not contain genetically modified ingredients and is not produced using genetically modified organisms.

Product specification

Creatine (5g) with watermelon flavour (FIP PL)

Microbiology

	Value	Method
Aerobic microbial count	< 10000 cfu/g	NMKL 86:2013 / E-Cultural technique (non-chromogenic media)
Enterobacteriaceae	< 10 cfu/g	NMKL 144:2005 / E-Cultural technique (non-chromogenic media)
Moulds	< 100 cfu/g	NMKL 98:2005 / E-Cultural technique (non-chromogenic media)
Salmonella	not detected in 25 gram	NMKL 71:1999 / D-Cultural technique (non-chromogenic media)
Yeasts	< 100 cfu/g	NMKL 98:2005 / E-Cultural technique (non-chromogenic media)

Organoleptic properties

Odor	Characteristic, on watermelon
Color	Light red
Taste	Characteristic, on watermelon
Consistency	powder

Shelf life and storage conditions

Operating and storage conditions	Store in a dry place at room temperature. Protect from direct sunlight and moisture.
Minimum lifespan from production	24 months

Preparation method

Mix the content of the stick with 200 ml cold water, stir and drink.

Packaging

Consumer Unit (CU)

Name	Sticks
Description	Available in individual sticks or sachets of 6.9 g powder per unit, packed in a display box. Larger packaging formats, including plastic jars with measuring spoon, are available upon request.
Net Content (per item)	6.9 g

Product specification

Creatine (5g) with watermelon flavour (FIP PL)

Contact Information

Company name	Fipros A/S
Address	Rybergsvej 1
Postal code	5631
City	Ebberup
Website	www.fipros.dk